CALDO DE POLLO

From

Chelsey Hernandez

Ingredients:

- 1. 1 whole yellow chicken, cut up
- 2. 2 whole corn on the cob, halved
- 3. half an onion
- 4. 3-5 garlic cloves
- 5. 1/3 tablespoon cumin
- 6. 1/3 tablespoon black pepper
- 7. 2 tablespoon salt
- 8. 1 chicken cube seasoning (Goya)
- 9. 1 packet sazón adobe con achiote
- 10. 2 mexican zucchini, cut in thick slices, then halved
- 11. 2 handfuls baby carrots, cut in half
- 12. 3 potatoes, cut into 4 pieces
- 13. small handful of cilantro
- 14. 11/2 liters water
- 15. 1/4-1/2 cup rice

Instructions:

- 1. Mix and put to boil water, chicken, onion, garlic, spices, salt, corn, and carrots on high heat.
- 2. When it comes to a steady boil, turn down heat to medium, then let cook for 20 mins.
- 3. After 20 mins, add rest of chopped/cut up ingredients and rice. (Potatoes, zucchini, cilantro).
- 4. Let cook for another 15 mins.