

## RECIPE: CHICKEN KORMA

### CONDIMENTS & OIL

Vegetable oil, 1 fl oz.

### DAIRY

Unsalted butter, 1.01 oz.

Plain yogurt, 8.75 oz.

### POULTRY

Chicken breast (skinless, boneless), 32 oz.

### SPICES & SEASONINGS

Salt, 0.22 oz.

Cardamom, 8 pods

Cinnamon, 2 inch stick

Cloves, 10 whole

Coriander seeds, 0.12 oz.

Paprika (sweet), 0.08 oz.

Turmeric, 0.04 oz.

### VEGETABLES

Fennel (ground), 0.06 oz.

Garlic, 5 large cloves

Ginger root, 1.5 inch piece

Onion, 8.57 oz.

Tomato, 12.86 oz.

### MISCELLANEOUS

Cayenne, 0.5 tsp.

Roasted unsalted cashews, 0.25 cup

Sprigs of cilantro, for garnish