



WHAT YOU WILL NEED:

- Packet of rapid rise yeast
- A clean and clear plastic bottle
- A teaspoon (t) of sugar
- Warm water
- A small balloon



BLOW UP A BALLOON WITH YEAST

Overview and objective:

Students will learn about the gas released by yeast, a living microorganism.

Yeast is a living microorganism. When mixed with a warm moist environment, it becomes active. Yeast needs energy to remain active (like people!). When mixed with sugar, yeast converts the carbohydrate to **carbon dioxide**, a gas, that expands inside the enclosed container.

https://en.wikipedia.org/wiki/Yeast

Procedure:

- 1. Fill your clean bottle with about an inch of warm water.
- 2. Add the packet of yeast and swirl the bottle gently for a few seconds.
- 3. Add sugar swirl again gently to mix.
- 4. Blow up your balloon a couple of time to stretch it out.
- 5. Put the balloon over the neck of the bottle.
- 6. Let it sit. (about 20 minutes)
- 7. Watch it and time how long it takes for the balloon to 'stand.'

What happens if:

- 1. You repeat the process using a smaller (or larger) bottle?
- 2. Repeat the process using a different temperature water? Try both hot and cool water.
- 3. You repeat the process using varied amounts of yeast, water, and/or sugar?

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