

# January

2009

Mon	Tue	Wed	Thu	Fri	Sat	Sun
			1	2	3	4
5	6	7	8	9	10	11
12 B. Potato Soup Ham Sandwiches	13 Hot Dogs Chili Pie Frito's	14 Taco's Rice	15 Chicken Mashed Potato's G. Beans	16 Steak B. Potato's Salad	17 Out Of Town Baseball Tournament	18
19 Hamburger Helper Carrots	20 Chopped Steak Onion Rings Mac & Cheese	21 Potato Chip Chicken G. Beans Mashed Potato's	22 Sausage New Potato's Fried Okra	23 Pork Chops B. Potato's Suddenly Salad	24 Chicken & Leeks Orzo Pasta Corn	25 Shrimp Scampi B. Potato Salad
26 Stew Cornbread	27 Homemade Pizza Salad	28 Leftovers	29 Taco's Rice Beans	30 Shrimp Creole Salad Bread	31 Sandwiches	

# February

2009

Mon	Tue	Wed	Thu	Fri	Sat	Sun
						1 Leftovers
2 Chicken & Dumplings	3 Grilled Cheese B. Potato Soup	4 Leftovers	5 Hamburger Helper Corn	6 Tilapia Rice Pilaf Salad	7 Fried Chicken Mashed Potato's Corn Gravy	8 Beef & Broccoli Fried Rice Egg Rolls
9 Pork Chops Olive Oil Potato's Salad	10 Chicken Parmigiana Salad French Bread	11 Baked Salmon Orzo Pasta Carrots	12 Hot Dogs Chili Fritos	13 Taco's Rice Veggies	14 Steak B. Potato's Salad	15 Ham Turnip's & Greens Butter Beans
16 Chopped Steak Onion Rings Corn	17 Fried Fish Salad Corn	18 Bacon Wrapped Chicken B. Potato's Salad	19 Ham Sandwiches Fried Green Beans	20 Sloppy Joe's Fried Okra Corn	21 Fajita's Rice Veggies	22 Shrimp Creole Homemade Rolls
23 Meatloaf B. Potato's Salad	24 Spaghetti A La Carbonara Salad	25 Potato Chip Chicken Corn Mac & cheese	26 Hamburger Helper Carrots	27 Broiled Mahi Mahi Rice Pilaf G. Beans	28 Roasted Pork Loin Mashed Potato's G. Beans	

# March

2009

Mon	Tue	Wed	Thu	Fri	Sat	Sun
						1 Hamburgers French Fries
2 Shrimp Creole	3 Sirloin Stir-Fry Fried Rice	4 Taco's Rice Beans	5 Tilapia Spinach Rice Pilaf Carrots	6 Pork Chops B. Potatoes Hominy	7 Cornbread Chicken Pot Pie	8 Hero Sandwiches
9 Roast Potatoes Carrots Gravy	10 Pork Tenderloin Suddenly Salad Broccoli & Cheese	11 Chicken Parmigiana Salad	12 Grilled Cheese Baked Potato Soup	13 Spaghetti Carbonara Salad	14 Spring Break Out Of Town	15
16	17	18	19	20	21	22
23 Mahi Mahi Rice Pilaf Green Beans	24 Chopped Steak Onion Rings Corn	25 Bacon Wrapped Chicken Green Beans B. Potato	26 Sirloin Stir-Fry Fried Rice Edemame	27 Pork Chops Carrots Cheesy Rice	28 Fried Roundsteak Rice & Gravy Butter Beans	29 Chicken w/ Leeks Gravy Salad
30 Taco's Rice Beans	31 Roasted Whole Chicken Salad Mashed Potato's					

# April

2009

Mon	Tue	Wed	Thu	Fri	Sat	Sun
		1 Hamburgers French Fries Maci & cheese	2 Hamburger Helper Corn	3 Chuck E Cheese	4 Salmon Rice Green Beans	5 Fried Chicken Mashed Potato's Corn
6 Spaghetti & Meatballs Salad French Bread	7 Hot Dogs Chili Frito's	8 Baked Ravioli Salad Bread	9 Pork Stir-Fry Fried rice	10 Chicken & Onion Green Beans & Red Peppers Wild Rice	11 Lamb Chops Salad & Rolls Veggies	12 Ham Turnips & Greens Butter Beans
13 Shrimp Scampi Corn Salad	14 Homemade Pizza	15 Hamburger Helper Hominy	16 Potato Chip Chicken Potato's Au- Gratin	17 Chopped Steak Onion Rings Hominy	18 Broccoli Cheese Soup Bread	19 Sausage New Potato's & Peppers Hominy
20 Fried Shrimp Cole Slaw Hush Puppies	21 BBQ Chicken Veggies Beans	22 Shrimp Alfredo Salad Bread	23 BLT's French Fries Mac & Cheese	24 Pork Chops Carrots Suddenly Salad	25 Chili Rolls	26 Steak B Potato's Mushrooms Salad
27 Grilled Chicken Cheesy Rice Green Beans	28 Hamburger Helper Hominy	29 Grilled Cheese B. Potato Soup	30 Spaghetti Carbonara Bread			

# May

2009

Mon	Tue	Wed	Thu	Fri	Sat	Sun
				1 Taco's Fried Rice Beans	2 Shrimp Bread Mahi Mahi Rice Pilaf Salad	3 Chicken w/ Leek Gravy Mashed Potato's Carrots
4 Spaghetti & Meatballs Salad Bread	5 Sirloin Stir-Fry Fried Rice	6 Hamburger Helper Corn	7 Pork Tenderloin Potatoes Au Gratin Green Beans	8 Grilled Chicken Mac & Cheese Steamed Broccoli	9 Hero Sandwiches	10 Steak Baked Potato Salad
11 Fried Catfish Cole Slaw Hushpuppies	12 Taco's Spanish Rice Black Beans	13 Sausage New Potatoes & Peppers Butter Beans	14 Grilled Cheese B. Potato Soup	15 Chicken Parmigiana Salad	16 Lemon Steak Spinach Mashed Potatoes	17 Breakfast for Dinner
18 Mashed Potato Bowls	19 Bacon Wrapped Chicken Carrots Cheesy Rice	20 Homemade Pizza Salad	21 Hot Dogs Chili Pie Fritos	22 Blackened Tilapia Rice Pilaf Green Beans	23 Roast Potatoes Carrots	24 Roast Beef Sandwiches
25 Grilled Pork Chops Baked Potatoes Veggies	26 Hamburger Helper	27 Baked Ravioli Salad Bread	28 Baked Ham Black Eyed Peas Potato Salad Mac & Cheese	29 Chicken & Stuffing Bake Carrots	30 Out Of Town Baseball Tournament	31

# June

2009

Mon	Tue	Wed	Thu	Fri	Sat	Sun
1 Sirloin Stir-Fry Fried Rice	2 Chicken & Fried Onions Green Beans	3 Hot Dogs Chili Pie Fritos	4 Ham & Turkey Panini French Fries	5 Pork Tenderloin Rice Corn	6 Fajita's Veggies Rice	7 Leftovers
8 Brisket Potato Salad Mac & Cheese	9 Baked Salmon Suddenly Salad Carrots	10 Hamburger Helper Corn	11 Chicken Tortilla Soup Cheese Dip Chips	12 Out Of Town Baseball Tournament	13	14
15 Chopped Steak Onion Rings Hominy	16 Baked Chicken Stuffing Carrots	17 Sirloin Stir-Fry Egg Rolls Fried Rice	18 Taco's Spanish Rice Black Beans	19 Sausage New Potatoes & Peppers Mac & Cheese	20 Shrimp Creole Bread	21 Steak B. Potatoes Mushrooms Salad
22 Spaghetti Carbonara Salad	23 Hamburger Helper Fried Okra	24 Chicken w/ Leeks Mashed Potatoes Corn	25 Baked Ham Turnips & Greens Beans	26 Hero Sandwiches Mac & Cheese	27 Hamburgers Onion Rings	28 Mahi Mahi Rice Pilaf Corn
29 Spaghetti & Meatballs Salad Bread	30 Bacon Wrapped Chicken Cheesy Rice Green Beans					

# July

2009

Mon	Tue	Wed	Thu	Fri	Sat	Sun
		1 Leftovers	2 Sandwiches	3 Out Of Town 4 <sup>th</sup> of July	4	5
6 Brisket Baked Beans Mashed Potato's	7 Taco's Rice Beans	8 Pork Chops Baked Potato's Carrots	9 Homemade Pizza	10 Leftovers	11 Out Of Town Vacation In Florida	12
13	14	15	16	17	18	19 Chicken Parmigiana Salad Bread
20 Sirloin Stir-fry Fried Rice Edamame	21 Hot Dogs Chili Pie Frito's	22 Hamburgers French Fries	23 Grilled Pork Chops Potatoes Au Gratin	24 Potatoe chip Chicken Salad Veggies	25 Hero Loaf	26 Spaghetti & Meatballs Salad Bread
27 Fried Catfish Hush Puppies Cole Slaw	28 Chicken Salad Sandwiches Pasta Salad	29 Hamburger Helper Corn	30 Baked Ravioli Salad Bread	31 Crawfish Stuffed Cornish hens Green beans		

# August

2009

Mon	Tue	Wed	Thu	Fri	Sat	Sun
					1 Fried Pork Chops Mashed Potatoes Black eyed Peas	2 Spaghetti & Meatballs Salad Bread
3 Spaghetti A la Carbonara Bread	4 Sausage New Potatoes Mac & Cheese	5 Chopped Steak Carrots Onion rings	6 Grilled Cheese B. Potato Soup	7 Blackened Tilapia Green Beans Cheesy Rice	8 Chili	9 Baked Chicken-n- Chips Mashed Potatoes Green Beans
10 Grilled Pork Chops Baked Potatoes Carrots	11 Tacos Spanish Rice Black Beans	12 Fried Catfish French Fries Hush Puppies	13 Hamburgers Onion Rings	14 Chicken Fajitas Grilled Veggies Spanish Rice Cheese Dip	15 Sirloin Stir-Fry Fried Rice Egg Rolls	16 Baked Mahi Mahi Rice Pilaf Corn
17 Chicken Salad Sandwiches on Toast Mac & Cheese	18 Sweet & Sour Pork Fried Rice Steamed Broccoli	19 Blackened Tilapia Potatoes Au- Gratin Green Beans	20 Chicken-n-Fried Onions Rice & Gravy	21 Hamburger Helper Corn Crescent Rolls	22 Lemon Steak Orzo Spinach	23 Chicken Casserole Corn
24 Slow Roasted Pork Loin Mashed Potatoes & Gravy	25 Hot Dogs Chili Pie Mac & Cheese	26 Tacos Spanish Rice Black Beans	27 Roast Rice & Gravy Green Beans	28 Sausage New Potatoes & Peppers Corn	29 Baked Salmon Olive Oil Potatoes Broccoli-Cheese	30 Spaghetti & Meatballs Fried Cheese Dinner Rolls
31 Grilled Pork Chops B. Potato's Fried Okra						

# September

2009

Mon	Tue	Wed	Thu	Fri	Sat	Sun
	1 Baked Honey Glazed Ham Mashed Potatoes Green Beans	2 Chicken Spaghetti Carrots Rolls	3 Chopped Steak Onion Rings Hominy	4 Pork Stir-Fry Fried Rice Corn	5 Fried Chicken Rice & Gravy Green Beans	6 Shrimp Creole Rice Corn
7 Hamburger Helper Corn Garlic Toast	8 Baked Potato Soup Ham & Turkey Panini	9 Baked Ravioli Green Beans French Bread	10 Spaghetti A la Carbonara Salad Garlic Toast	11 Beef Pot Pie	12 Hero Sandwich Salad	13 Fried Round Steak Rice & Gravy Turnips-Greens
14 Chicken Tortilla Soup Spanish Rice	15 Caribbean Pot Roast Veggies	16 Hot Dogs Chili Pie Mac & Cheese	17 Hamburger Helper Corn	18 Chicken Parmigiana Green Beans Bread	19 Blackened Tilapia Rice Veggies	20 Hamburgers French Fries
21 Sirloin Stir-Fry Fried Rice	22 Grill. Pork Chops Potatoes Au-Gratin Green Beans	23 Leftovers	24 Sausage New Potatoes Mac & Cheese	25 Bacon Wrapped Chicken Baked Potatoes Hominy	26 Baked Salmon Suddenly Salad Carrots	27 Hero Loaf
28 Homemade Pizza	29 Bacon Wrapped Chicken Cheesy Rice Veggies	30 Hamburger Helper Corn				

# October

2009

Mon	Tue	Wed	Thu	Fri	Sat	Sun
			1 Fried Catfish Cole Slaw Hush Puppies	2 Homemade Pizza Cheese Sticks Bread Sticks	3 Jambalaya Cheesy Shrimp Bread	4 Sausage New Potatoes Corn
5 Spaghetti & Meatballs Fried Cheese Dinner Rolls	6 Baked Chicken-n-Chips Mashed Potatoes Green Beans	7 Baked Honey Glazed Ham Mac & Cheese Hominy	8 Taco's Rice Beans	9 Fried Pork chops Rice & Gravy	10 Hamburgers French Fries	11 Sirloin Stir-Fry Fried Rice Egg Rolls
12 Hamburger Helper Corn	13 Turkey Panini's Baked Potato Soup	14 Chicken-n-Fried Onions Cheese Broccoli & Rice Corn	15 Fried Fish Hushpuppies	16 Fajita's Rice Veggies	17 Sirloin Stir-Fry Fried Rice Egg Rolls	18 Shrimp Creole Bread
19 Chicken Alfredo Carrots Garlic Toast	20 Tacos Spanish Rice Black Beans	21 Hot Dogs Chili Pie Mac & Cheese	22 Fried Chicken Rice & Gravy Green Beans	23 Chopped Steak Onion Rings Hominy	24 Baked Salmon Baked Potatoes Broccoli-Cheese	25 Beef Fajitas Grilled Veggies Spanish Rice Cheese Dip
26 Sirloin Stir-Fry Fried Rice Egg Rolls	27 Bacon Wrapped Chicken Cheesy Rice Veggies	28 Grilled Cheese Baked Potatoes Mac & Cheese	29 Fried Catfish Cole Slaw Hush Puppies	30 Sausage New Potatoes Mac & cheese	31 Witches Stew Cornbread	

# November

2009

Mon	Tue	Wed	Thu	Fri	Sat	Sun
						1 Steak Shrimp Rice Salad
2 Lemon Steak Spinach Orzo Pasta	3 Spaghetti Carbonara Rolls	4 Chicken-N- Rice Bake New Potatoes Green Beans	5 Hamburgers French Fries	6 Blackened Tilapia Carrots Salad	7 Homemade Pizza Cheese sticks	8 Sausage Spicy New Potatoes Fried Okra
9 Hamburger Helper Corn	10 Caribbean Pot Roast Mashed Potatoes	11 Baked Ravioli Bread Salad	12 Beef Pot Pie	13 Fried Chicken New Potatoes Mac & Cheese	14 Fish Taco's Rice Tomatillo Sauce	15 Grilled Pork Baked Potatoes Hominy
16 Sirloin Stir-Fry Fried Rice Broccoli	17 Hot Dogs Chili Mac & Cheese	18 Chicken Parmigiana Spaghetti	19 Chopped Steak Onion rings Corn	20 Catfish Cole Slaw Hushpuppies	21 Hero Sandwich	22 Grilled Mahi Mahi Rice Pilaf Corn
23 Grilled Cheese Sandwiches Baked Potato Soup	24 Hamburger Helper Corn	25 Taco's Rice Black Beans	26 Turkey & All the fixings	27 Steak Baked Potato Salad Fr. Onion Soup	28 Shrimp Creole Rice Rolls	29 Leftover Day
30 Grill. Pork chops Potatoes au Gratin Green Beans						

# December

2009

Mon	Tue	Wed	Thu	Fri	Sat	Sun
	1 Spaghetti Carbonara Rolls	2 Bacon Wrapped Chicken Cheesy Rice Veggies	3 Hamburgers Waffle Fries	4 Homemade Pizza Cheese sticks	5 Baked Salmon Baked Potatoes Broccoli-Cheese	6 Slow Roasted Turkey Loin Mashed Potatoes & Gravy
7 Hamburger Helper Corn	8 Sirloin Stir-Fry Fried Rice Broccoli	9 Hot Dogs Chili Mac & Cheese	10 Sweet & Sour Pork Fried Rice Steamed Broccoli	11 Taco's Rice Black Beans	12 Fried Chicken New Potatoes Mac & Cheese	13 Grilled Mahi Mahi Rice Pilaf Corn
14 Lemon Steak Spinach Orzo Pasta	15 Chicken Parmigiana Spaghetti	16 Chopped Steak Onion rings Corn	17 Sausage Spicy New Potatoes Fried Okra	18 Pork Stir-Fry Fried Rice Corn	19 Fried Round Steak Rice & Gravy	20 Fish Taco's Rice Tomatillo Sauce
21 Baked Chicken- n-Chips Mashed Potatoes Green Beans	22 Grilled Cheese Sandwiches Baked Potato Soup	23 Steak Baked Potato Salad	24 Turkey & All the fixings	25 Boiled Shrimp, Crab, New Potatoes & Corn Steamed Lobster	26 Beef & Chicken Fajitas Grilled Veggies Spanish Rice	27 Leftover Day
28 Roast Rice & Gravy Green Beans	29 Hamburgers Waffle Fries	30 Shrimp Creole Jambalaya Rice Rolls	31 Steak Baked Potatoes Salad Bread			