

HISD to Serve Free Healthy Meals During the Summer

More than 200 HISD schools participating

May 29, 2012 - The Houston Independent School District will be providing free meals this summer to Houston-area kids at more than 200 participating schools. Children ages 18 and younger can enjoy a healthy breakfast and lunch at no cost from **June 11 through July 12**.

All meals served are nutritionally analyzed to ensure that children receive the vitamins, minerals and calories needed to maintain a balanced diet.

"With this program, thousands of children are eating a well-balanced meal that they might otherwise go without," said HISD Superintendent Terry Grier. "A prolonged period of time without adequate nutrition affects both the body and the brain, especially in children who are still growing."

The purpose of this Summer Food Service Program is to ensure children have access to the food they need in order to return to school physically and mentally prepared to learn. Last year, HISD Food Services served more than 1.7 million free meals.

Children do not have to be enrolled in summer school nor show proof of income in order to receive a free breakfast or lunch at the participating HISD schools.

Breakfast is served Monday through Thursday from 8 a.m. to 9 a.m., and lunch is served Monday through Thursday from 11 a.m. to 12:30 p.m. Adults may also participate in the program by purchasing breakfast for \$2 and lunch for \$3.25.

For a list of participating HISD schools, please call 713-491-5944. Participating schools are subject to change.

2012 HISD SUMMER MEAL LOCATIONS (list subject to change)					
Elementary Schools			Middle Schools	High Schools	Alternative/Charter Schools
Almeda Anderson Ashford ES Askew Atherton ES Barrick Bastian Bell ES Bellfort Academy Benavidez ES	Herod ES Herrera ES Highland Heights ES Houston Gardens ES Hobby ES Janowski ES Jefferson ES Kelso ES	St. George Place Sugar Grove Sutton ES Thompson ES Tijerina ES Tinsley ES Travis Valley West ES Wainwright ES Walnut Bend ES	Attucks MS Black MS Burbank MS Clifton Cullen MS Deady MS Dowling MS Edison MS Fondren MS	Ahead Academy Austin HS Challenge HS Chavez HS Davis HS Furr HS Houston Acad. for Intl. Studies Jones HS Kashmere HS	Dominion Academy East Early College Energized STEM East Energized for Excellence Elem Harper Alt. Kandy Stripe Academy Leader's Academy Mt. Carmel

The **Houston Independent School District** is the largest school district in Texas and the seventh-largest in the United States with 279 schools and more than 200,000 students. The 301-square-mile district is one of the largest employers in the Houston metropolitan area with nearly 30,000 employees. For more information, visit the HISD Web site at www.houstonisd.org.