

Quinoa Salad

From

Mayra Moreno

Ingredients:

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Dressing

1 1/2 Tablespoon Apricot Preserves

1 Tablespoon Goya Minced Garlic

1/4 cup Goya Olive Oil

1 Tablespoon Dijon Mustard

Salad:

1 cup Cooked Goya Quinoa

(w/ 1 cup Water, 2 cups Vegetable Broth, 1 Teaspoon Coco Oil - for flavor)

1/2 cup Chopped Walnuts

1 cup Cubed Apples

1/4 cup Pomegranate Seeds

1/4 cup Pumpkin Seeds (pepitas)

1/4 cup Dried Apricots

1/4 cup Thickly Sliced Green Onions

Instructions

Dressing: Combine Apricot Preserves, Garlic, Olive Oil and Dijon Mustard in a mixing bowl. Whisk until blended.

Salad: Add remaining ingredients to a large bowl with your favorite chopped lettuce. Toss ingredients with dressing.