

RECIPE: Down Under Hamburger with Rocket and Fried Egg

BAKERY

Hamburger buns, 4

CONDIMENTS & OIL

Olive oil, to taste

Ketchup, 0.54 oz.

Worcestershire sauce, 1 fl. oz.

Mayonnaise, to taste

DAIRY

Eggs, 4

MEAT

Ground beef, 16 oz.

SPICES & SEASONINGS

Sea salt, 0.43 oz.

Black pepper, 0.15 oz.

Dried oregano, 0.07 oz.

VEGETABLES

Beets, 1 jar

Arugula, 0.71 oz.