

RECIPE: BEET AND ASPARAGUS SALAD

CONDIMENTS & OIL

Extra virgin olive oil, 3 fl oz.

FRUITS

Lemon zest, 0.16 oz.

JUICES

Lemon juice, 1 fl oz.

SPICES & SEASONINGS

Salt, to taste

Pepper, 0.05oz.

VEGETABLES

Asparagus, 16 oz.

Beets, 8 oz.

MISCELLANEOUS

Champagne vinegar, 1 tbsp.