

RECIPE: TUNA CAPELLINI

CONDIMENTS & OIL

Canola oil, 3 fl oz.

Extra virgin olive oil, 3.11 fl oz.

JUICES

Lemon juice, 0.92 fl oz.

SPICES & SEASONINGS

Salt and pepper, to taste

Coriander seeds, 3 oz.

MISCELLANEOUS

Blue fin tuna, 4 oz.

Grated bottarga al tonno, 1 oz. or Anchovy paste, 0.5 oz.

Capellini pasta, 1 quarter pound