

RECIPE: Indian Burger

BAKERY

Hamburger bun, 4

CONDIMENTS & OIL

Olive oil, 0.17 fl oz.

DAIRY

Plain yogurt, 2.19 oz.

FROZEN FOOD

Frozen ground turkey, 16 oz.

SPICES & SEASONINGS

Salt

Pepper

Ginger, 1 oz.

Dried mint leaves, 0.06 oz.

VEGETABLES

Garlic, 1 oz.

Lettuce

Onion, 2 oz.

Chili pepper, 0.5

Tomato, 4

Fresh cilantro, 1 oz.

MISCELLANEOUS

Lime juice, 1 oz.

Cilantro seeds, 1 oz.