

## **RECIPE: GRILLED PRAWN SALAD**

### **CONDIMENTS & OIL**

**Extra virgin olive oil, 0.33 fl oz.**

### **FISH & SHELLFISH**

**Prawns, 8**

### **FRUITS**

**Avocado, 1**

### **JUICES**

**Lemon juice, 0.17 fl oz.**

### **SPICES & SEASONINGS**

**Salt, 0.11 oz.**

**Pepper, 0.02 oz.**

### **VEGETABLES**

**Garlic, 0.25 oz.**

**Italian tomato, 2**

**Fresh basil, 0.09 oz.**

### **MISCELLANEOUS**

**Lean turkey bacon, 4 slices**

**Mixed salad greens, 4 cup**

**Fat free greek style yogurt, 0.33 cup**