

RECIPE: BERRYLICIOUS OATMEAL

SHOPPING LIST:

CEREALS & BEANS

Steel-cut oats, 8.36 oz.

FRUITS

Blueberries, 0.65 oz.

Raspberries, 0.55 oz.

Strawberries, 2.57 oz.

SPICES & SEASONINGS

Vanilla extract, 0.17 fl oz.

MISCELLANEOUS

Natural sweetener (suggested brand: Truvia), 1 packet

Unsweetened vanilla almond milk (suggested brand: Almond Breeze), 0.25 cup