

RECIPE: STRIPED BASS, QUINOA, CURRANTS, TOASTED PINE NUTS & CITRUS INFUSED OIL

CONDIMENTS & OIL

Olive oil, 2.17 fl oz.
Extra virgin olive oil, to taste

FRUITS

Orange, for garnish

JUICES

Lemon juice, to taste

NUTS, SEEDS & DRIED FRUITS

Pine nuts, 1 tbsp.

REFRIGERATED SIDE DISHES AND JUICES

Fresh orange juice, 8 fl oz.

SPICES & SEASONINGS

Salt, 2 pinch
Cayenne pepper, 0.5
Pepper yellow, 0.5
Black pepper, 0.91 oz.

VEGETABLES

Carrot, 0.5
Cucumber, 1
Red onion, 0.5
Fresh cilantro, 0.04 oz.
Fresh mint, 0.2 oz.

MISCELLANEOUS

Quinoa, 0.5 cup
Currants, 1 tbsp.
Striped Bass, 4
Red bell pepper oil, to garnish