

RECIPE: SWEET RICOTTA STUFFED SQUASH

BAKING

Flour, 1.49 oz.

Cornstarch, 1.52 oz.

Baking soda, 0.16 oz.

BEVERAGES

Sparkling water, to taste

CHEESE

Grated parmesan cheese, 2 oz.

Ricotta cheese, 16 oz.

CONDIMENTS & OIL

Extra virgin olive oil, 2.5 fl oz.

FRUITS

Lemon, 1

SPICES & SEASONINGS

Salt, to taste

Black pepper, to taste

Dried oregano, 1 pinch

VEGETABLES

Garlic, 1 clove

Green onion, 1

Green peas, 1.73 oz.

Plum tomato, 2.14 oz.

Fresh basil, 8

Squash blossoms, 12

MISCELLANEOUS

Pea sprouts, 1 handful