

RECIPE: JÍBARO

CONDIMENTS & OIL

Olive oil or vegetable oil, 0.25 fl oz.

FRUITS

Plantain banana (medium green), 1

SPICES & SEASONINGS

Salt, to taste

VEGETABLES

Iceberg lettuce, 1 piece

Onion (yellow), 0.25

MISCELLANEOUS

Vegetable oil, 1 cup

Thinly sliced top sirloin, 1 piece

Garlic mayo, to taste