

RECIPE: PORK LOIN

Pork tenderloin (about 2 pounds), 1

Unsweetened cocoa powder, 4 tsp. or .25 oz.

Hot paprika, 2 tsp.

Coarse salt, 1 tsp.

Fennel seed, 1 tsp.

Olive oil, 4 tbsp. or 2 oz.

Black Noddy Dark Lager Beer, ½ cup or 4 oz.

Brown sugar, 1 tbsp.

Heavy cream (pasteurized), ¾ cup or 6 oz.

RECIPE: SWEET POTATOES

Sweet potatoes, 2

Fresh rosemary, 2 tbsp. or .12 oz

Salt, to taste

Pepper, to taste