

RECIPE: PUMPKIN RISOTTO

CANNED FOOD

Chicken stock (canned)

CHEESE

Mascarpone cheese

Parmesan cheese

DAIRY

Butter

NUTS, SEEDS & DRIED FRUITS

Walnuts

SPICES & SEASONINGS

Nutmeg

Saffron, 1 pinch

Dried sage, 1 bunch

VEGETABLES

Onion (yellow), 2

WINE

White wine, 16 fl oz.

MISCELLANEOUS

Carnaroli rice, 3 cup

French red pumpkin puree, 2 cup

Butternut squash, 2 cup