

RECIPE: PORTUGUESE STYLE POTATO AND KALE SOUP

CONDIMENTS & OIL

Olive oil, 0.5 fl oz.

SPICES & SEASONINGS

Salt & pepper, to taste

VEGETABLES

Garlic, 2 cloves

Kale, 1 bunch

Onion (large), 1

Potato, 1 lb.

MISCELLANEOUS

Chicken broth or vegetable broth, 6 cup

Smoked sausage or chorizo, to taste (optional)