

RECIPE: COLD AVOCADO TOMATO SOUP

DAIRY

Fat free milk, 16 fl. oz.

FRUITS

Avocados (ripe), 3

SPICES & SEASONINGS

Kosher salt, 0.05 oz.

VEGETABLES

Cherry tomatos (small), 12

MISCELLANEOUS

Lime juice, 2 tbsp.

Coconut water, 1 cup

Lemon juice, 1 tbsp.

Cayenne, 1 pinch