

## **RECIPE: PARSLEY-ALMOND PESTO**

### **CANNED FOOD**

**Chicken stock, 2.14 oz.**

### **CHEESE**

**Parmesan cheese, 0.25 cup**

### **CONDIMENTS & OIL**

**Almond oil or olive oil, 2 fl. oz.**

### **NUTS, SEEDS & DRIED FRUITS**

**Almonds, 1.13 oz.**

### **VEGETABLES**

**Garlic (cloves), 2**

**Parsley, 2.14 oz.**

**Thyme, 0.09 oz.**