

## **RECIPE: TOMATO, CHICKEN AND PARSLEY PESTO SANDWICH**

### **CANNED FOOD**

**Chicken stock (light), 34.29 oz.**

### **CONDIMENTS & OIL**

**Extra virgin olive oil, 0.5 fl. oz.**

### **SPICES & SEASONINGS**

**Kosher salt, 1.3 oz.**

### **VEGETABLES**

**Red onion, 0.25**

**Tomatoes, 8**

### **MISCELLANEOUS**

**Ciabatta rolls, 4**

**Boneless chicken thigh meat, 1.5 lb.**

**Toybox squash, 0.5 lb.**

**Tomato chutney, 4 oz.**

**Parsley pesto, 3 oz.**