

RECIPE: CRUNCHY GRANOLA

BAKING

Maple syrup, 2.67 fl. oz.

NUTS, SEEDS & DRIED FRUITS

Nuts, 1 cup

Seeds, 1 cup

SPICES & SEASONINGS

Salt, 0.11 oz.

Vanilla extract, 0.5 fl. oz.

MISCELLANEOUS

Organic whole rolled oats, 2 cups

Organic butter or organic extra virgin coconut oil, 0.33 cup