

RECIPE: SEARED AHI TUNA AND PEACH SALAD

ASIAN FOOD

Rice vinegar, 1 fl. oz.

CONDIMENTS & OIL

Canola oil, 2 fl. oz.

Olive oil, 1.5 fl. oz.

Mayonnaise, 3.94 oz.

FISH & SHELLFISH

Tuna, 2 (10 oz.)

FRUITS

Lemon, 1

Peach, 2 white, 2 yellow

SPICES & SEASONINGS

Salt

Black pepper

VEGETABLES

Red onion, 1

Daikon radish, 1 package

MISCELLANEOUS

Shichimi, 4 oz.