

## **RECIPE: GRILLED RAINBOW TROUT**

### **CONDIMENTS & OIL**

**Olive oil, 1.04 fl oz.**

### **VEGETABLES**

**Chinese cabbage, 8 oz.**

**Carrot, 2 oz.**

### **MISCELLANEOUS**

**Arugula Pesto, 2 oz.**

**Home-made vegetable broth, 4 oz.**

**Rainbow trout fillets, 3**