

RECIPE: RIGATONI WITH KALE, CAULIFLOWER AND RICOTTA

CHEESE

Parmesan cheese, 2 tbsp.

Ricotta cheese, 2.2 oz.

CONDIMENTS & OIL

Olive oil, 2 fl oz.

DAIRY

Butter, 0.51 oz.

PASTAS

Rigatoni, 8 oz.

SPICES & SEASONINGS

Sea salt, to taste

Black pepper, to taste

VEGETABLES

Cauliflower, 1 head

Garlic, 2 cloves

Kale, 1 bunch