

RECIPE: CARROT CORN SALSA

CONDIMENTS & OIL

Olive oil, 0.17 fl oz.

JUICES

Lemon juice, 0.5 fl oz.

SPICES & SEASONINGS

Sea salt, 0.11 oz.

Cumin seeds, 0.04 oz.

VEGETABLES

Carrot, 3

Garlic, 1 clove

Green onion, 0.86 oz.

Red onion, 1.43 oz.

Red bell pepper, 0.5

Fresh cilantro, 0.14 oz.

MISCELLANEOUS

Corn cob, 2 Ears