

## RECIPE: STEAK SALAD

### CONDIMENTS & OIL

Olive oil, 4 fl oz.

Red wine vinegar, 0.75 fl oz.

Worcestershire sauce, 0.08 fl oz.

Dijon mustard, 0.56 oz.

### MEAT

Beef steak, 16 oz.

### SPICES & SEASONINGS

Salt, 0.16 oz.

Pepper, 0.04 oz.

Black pepper, 0.08 oz.

Dried thyme, 0.21 oz.

### VEGETABLES

Grilled Vegetables, 2 cup

Garlic, 2 cloves

Green onion, 1.71 oz.

Bell pepper, 2

Red potato, 24 oz.

Fresh herbs, 1 tbsp.

Fresh rosemary, 0.12 oz.