

RECIPE: ROASTED CARROTS WITH CORNMEAL AND CHOCOLATE

DAIRY

Whole milk, 40 fl oz.

Butter, 8 oz.

NUTS, SEEDS & DRIED FRUITS

Pistachios, 4.39 oz.

VEGETABLES

Baby carrots, 35

MISCELLANEOUS

White Iroquois Cornmeal, 1 cup

Extra Dark Chocolate, 2 oz.

Chile De Arbol, 1 oz.