

CHICKEN POT PIE VIEWER RECIPE

BAKING

Flaxseed meal, 1 tbsp.

CANNED FOOD

Cream of mushroom soup, 1.5 can

POULTRY

Chicken breast, 1

SPICES & SEASONINGS

Pepper, 0.08 oz.

Dried oregano, 0.04 oz.

Dried thyme, 0.04 oz.

VEGETABLES

Mushrooms, 2.5 oz.

Onion (small), 1

Red bell pepper, 1

Potato, 1

Spinach, 1 oz.

Zucchini, 1

MISCELLANEOUS

Pie crust- top and bottom crust, 1 package