

FRIED PASTA VIEWER RECIPE:

CHEESE

Cheddar cheese, 16 oz.

PASTAS

Spiral pasta (wheat), 1 package

POULTRY

Ground turkey, 32 oz.

SPICES & SEASONINGS

Salt and pepper, to taste

Cayenne pepper seasoning, to taste

Red pepper flakes, to taste

Chili powder, to taste

Dried basil, to taste

Dried thyme, to taste

VEGETABLES

Garlic, 1 clove

Onion, 1 large

MISCELLANEOUS

Spaghetti sauce or vodka sauce (suggested brand: Trader Joe's) , 1 jar

Bell Peppers, 2