

TURKEY BOLOGNESE VIEWER RECIPE

CANNED FOOD

Tomato paste canned, 1 can

DAIRY

Cream, 4 fl oz.

POULTRY

Ground turkey, 16 oz.

SPICES & SEASONINGS

Salt, 0.22 oz.

Nutmeg, 0.04 oz.

Pepper, 0.04 oz.

VEGETABLES

Carrot, 1 medium

Garlic, 3 cloves

Onion, 0.5

WINE

White wine, 2 fl oz.