

RECIPE: BAKED CHICKEN

CONDIMENTS & OIL

Olive oil, 1.5 fl oz.

Soy sauce, 0.33 fl oz.

Dijon mustard, 4.46 oz.

POULTRY

Whole chicken legs (large), 6 or Chicken breast halves (skin-on), 6

SPICES & SEASONINGS

Salt, 0.11 oz.

Pepper, to taste

Black pepper, 0.12 oz.

VEGETABLES

Garlic, 4 cloves

Leek, 3.18 oz.

Onion, 11.43 oz.

Shallot, 0.36 oz.

Fresh rosemary, 0.06 oz.

Fresh thyme, 0.06 oz.