

RECIPE: Pork Stew with Hard Cider, Baby Onions and Potatoes

CONDIMENTS & OIL

Mustard (whole grain), 0.56 oz.

MEAT

Bacon, 4 oz.

Pork (boneless shoulder butt, or boneless country ribs), 3 lb

SPICES & SEASONINGS

Kosher salt, to taste

Black pepper, to taste

FRUIT

Semi tart apples (Granny Smith, Pippin or Jonathan), 2

VEGETABLES

Onion (small), 30

Parsnips, 2.38 oz.

Red potato, 24 oz.

Small shallot, 2.86 oz.

Fresh sage, 2 tsp.

MISCELLANEOUS

Calvados or brandy, ½ cup

Hard cider, 1 1/2 cup

Low sodium chicken broth, 2 cups