

## **RECIPE: Cioppino, San Francisco Fisherman Stew**

### **BAKERY**

**Sourdough bread, 1 loaf**

### **CONDIMENTS & OIL**

**Extra virgin olive oil, 4 fl. oz.**

### **FISH & SHELLFISH**

**Sole, 6 oz.**

**Squid, 4 oz.**

**Clams, 12 whole**

**Mussels, 12**

### **VEGETABLES**

**Garlic cloves, 3**

**Yellow onion, 1**

**Tomato, 6.43 oz.**

**Fresh basil, 0.76 oz.**

### **WINE**

**White wine, 4 fl oz.**

### **MISCELLANEOUS**

**Fish Broth, 2 cups**

**Chili flake, 1 tbsp.**

**Rock shrimp, 4 oz.**

**Cooked Dungeness crab meat, 4 oz.**