

RECIPE: Easy Potato and Lamb Curry Puffs

CONDIMENTS & OIL

Canola oil, 0.5 fl oz.

DAIRY

Egg, 1

Puff pastry, 16 oz.

MEAT

Lamb, 2 oz. ground, (or other ground meat)

SPICES & SEASONINGS

Salt, 0.05 oz.

Curry powder, 0.17 oz.

VEGETABLES

Garlic cloves, 1

Ginger root, 0.14 oz.

Shallot, 0.71 oz.

MISCELLANEOUS

Diced Yukon Gold potato, 1/2 cup