

RECIPE: CHICKEN MOLE

BAKERY

Flour tortillas, 1 package

CANNED FOOD

Chicken broth canned, 26.46 oz.

CONDIMENTS & OIL

Canola oil, 1.5 fl oz.

FRUITS

Orange peel, 4

JUICES

Orange juice, 16 fl oz.

NUTS, SEEDS & DRIED FRUITS

Sliced almonds, 1.7 oz.

Raisins, 1.29 oz.

POULTRY

Chicken boneless, skinless thighs, 80 oz.

SPICES & SEASONINGS

Coriander seeds, 0.24 oz.

Cumin seeds, 0.29 oz.

Dried oregano, 0.05 oz.

VEGETABLES

Garlic, 6 large cloves

Onion, 20 oz.

Cilantro, to taste

MISCELLANEOUS

Dried pasilla chiles, 4 oz.

Dried negro chiles, 1 oz.

Mexican chocolate, 3.1 oz.