

RECIPE: PEPPERED BEEF STIR FRY

ASIAN FOOD

Oyster sauce, 0.21 oz

Rice wine (Shaoxing brand suggested), 0.67 fl oz.

CANNED FOOD

Chicken stock (canned), 0.71 oz

CONDIMENTS & OIL

Vegetable oil, 0.67 fl oz

Soy sauce (light), 0.67 fl oz

MEAT

Beef fillet, 3.57 oz

SPICES & SEASONINGS

Black pepper, 0.06 oz

VEGETABLES

Garlic clove, 0.18 oz.

Ginger root, 0.29 oz.

Bell pepper (green), 1.79 oz

Bell pepper (red), 1.79 oz.

Spanish onion, 1.23 oz.

Chinese mustard greens, 0.88 oz.

Thai basil leaves (fresh), 8

MISCELLANEOUS

Palm sugar, 0.35 oz.

Jasmine rice, to serve