

## **RECIPE: QUICK AND HEALTHY WEEKNIGHT CHILLI**

### **CANNED FOOD**

**Canned dark red kidney beans, 1**

### **POULTRY**

**Ground turkey (lean), 16 oz.**

### **VEGETABLES**

**Mushrooms, 8 oz.**

### **MISCELLANEOUS**

**Stonehouse 27 Tomato & Chilies Cooking Sauce, 1 jar**