

RECIPE: PAN-SEARED SALMON

CONDIMENTS & OIL

olive oil, 1 oz.

DAIRY

butter, 1 oz.

heavy cream, 2 oz.

VEGETABLES

shallot, 0.71 oz.

cherry tomato, 5.32 oz (0.5 pint)

fresh basil, 0.09 oz. (1 tbsp.)

WINE

dry white wine, 4 oz.